

Introductory Psychology

GE/Thy 6P

Unit -I

Definition and Goals of Psychology.

Unit- II

Biological Basis of Behaviour, Genes and Behaviour, Nervous System –The Neuron, Central Nervous System and Peripheral Nervous System.

Unit -III

Learning: Meaning and nature, Theories- Classical conditioning , Trial and Error learning and Operant conditioning.

Unit IV

Memory: Encoding, Storage and Retrieval processes; Sensory, short term and long term memories.

Unit V

Intelligence: Definition; Theories- Guilford, Thurstone and Spearman.

Unit VI

Personality: Definition; Trait and Type theories.

Suggested Reading:

1. Baron, R.A. & Misra, G. (2016). Psychology. Pearson India Education Services Pvt. Ltd., Chennai.
2. Zibardo, P.G. & Weber, A.L. (1997). Psychology. New York; Harper Collins College Publishers.
3. Morgn, C.T., King, R.A. & Weizs, J.R., Schopler J. (1986) Introduction to General Psychology. NY: McGraw Hill.
4. Atkinson, R.L., Atkinson, R.C and Hilgard, F.R. (1990). Introduction to Psychology. NY: Harcourt Brace.
5. Ciccarelli, S.K. and Meyer, G.E. (2006). Psychology. New Delhi Person Education.
6. Feldman, R.S. (2017). Understanding Psychology, Twelfth Edition. McGraw Hill Education, Indian Edition, Chennai.